



Shop over-the-counter (OTC) care at no cost to you



Optum® Personal Care Benefits is an OTC benefit that gives you credits to spend on over-the-counter care. Shop toothpaste, pain relief, vitamins and more. Shop the OTC catalog, go online or in-store to maximize your benefit with even more options. As a member, it's all included with your PrimeTime Health Plan.

How it works

- 1** Funds will be added to your PrimeTime Health Plan OTC card every three months
- 2** Use it to buy approved OTC products online, by phone or in-store
- 3** Benefit allowances expire at the end of the quarter

*Activate your PrimeTime Health Plan OTC card before you start shopping by calling 1-833-832-7306, TTY 711.

Choose from
250+
products

Questions?



Call us toll-free at **1-800-577-5084**, TTY **711**, available Monday through Friday, from 8 a.m. - 8 p.m. local time. From October 1 through March 31, customer service is available 7 days a week, from 8 a.m. - 8 p.m. local time.

Or visit pthp.com

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